## LAYING THE PATH FOR LIFELONG WELLNESS

INFANT AND EARLY MENTAL HEALTH LECTURE SERIES 2022











#### Session 1 - Entering the Worlds of the Troubled Infant, Toddler and Their Parents Across Cultures

**Dr. Campbell Paul**, MB, BS, FRANZCP, Cert Child Adol Psychiatry, Consultant Infant Psychiatrist, Royal Children's Hospital and the University of Melbourne, Victoria, Australia

**Dr. Kaija Puura**, MScD, Docent of Child Psychiatry, Professor of Child Psychiatry, Tampere University, Finland

**Dr. Chaya Kulkarni**, MEd, EdD, Director, Infant and Early Mental Health Promotion (IEMHP), the Hospital for Sick Children, Toronto, Canada

### Session 2 - Navigating Equitable Care for Infant Mental Health Within and Across Borders

**Dr. Hisako Watanabe**, MD, PhD, Vice president, Life Development Center, Watanabe Clinic, Kanagawa /Japan

**Dr. Paul Spicer**, PhD, Professor of Anthropology, University of Oklahoma, Oklahoma, USA

**Tee Garnett,** MA, PhD (Candidate), Executive Lead and Strategic Advisor, Equity, Diversity and Inclusion, The Hospital for Sick Children, Ontario, Canada

**Heidi Fjeldheim**, Special advisor in Child and Adolescent mental health, RBUP, PhD (Candidate), Ahus & UiO, Centre for Child and Adolescent Mental Health, Eastern and Southern Norway, RBUP, University of Oslo, Department of Psychology, Akershus University Hospital, Viken, Norway

#### **Session 3 - Emerging Issues in Infant Mental Health**

**Dr. Charles Zeanah**, MD, Professor of Psychiatry and Pediatrics, Tulane University, Louisiana, USA

## Session 4 - How Perinatal Health and Wellbeing Influence a Baby's Health and Wellbeing

**Dr. Jovana (Joey) Martinovic,** MD, FRCPC, Psychiatrist, Reproductive Life Stages Program, Fellowship and Faculty Development Lead, Department of Psychiatry, Women's College Hospital, Lecturer, University of Toronto

**Dr. Riikka Korja**, Professor, Psychology, Integrative Psychotherapist, Developmental Psychologist, University of Turku

### **Session 5 - The Culture of Modern Fathering**

**Dr. Hiram Fitzgerald**, PhD, MA, BS, University Distinguished Professor Emeritus, Ecological / Community Psychology, Michigan State University, Department of Psychology college of Social Science, USA

**Dr. Astrid Berg**, President-Elect, WAIMH, Western Cape, South Africa

**Dr. Geoffrey Brown**, PhD, Developmental Psychology, Associate Professor, Department of Human Development and Family Science, University of Georgia, Georgia, USA

#### Session 6 - The Effects of Early Life Adversity on Child and Brain Development

**Dr. Charles Nelson**, PhD, Professor of Pediatrics and Neuroscience (Harvard Medical School), Professor of Education (Harvard University); Richard David Scott Chair in Pediatric Developmental Medicine Research, Boston Children's Hospital, Boston Children's Hospital, MA, USA

For more detailed information, please visit:

#### Session 7 - Building a Culture of Support and Strength Through Trauma-Informed Care

**Dr. Sheri Madigan**, PhD, R.Psych, Tier II Canada Research Chair, Associate Professor, University of Calgary, AB/Canada Toronto, Canada

## Session 8 - Rethinking the Meaning and Implications of Adverse Childhood Experiences

**Dr. Jack Shonkoff,** MD, Director, Center on the Developing Child at Harvard University, Julius B. Richmond FAMRI Professor of Child Health and Development, Harvard T.H. Chan School of Public Health and Harvard Graduate School of Education; Professor of Pediatrics, Harvard Medical School and Boston Children's Hospital; Research Staff, Massachusetts General Hospital; Center on the Developing Child at Harvard University, Massachusetts, USA

### Session 9 - Exploring Interventions Designed Specifically for Young Children and Their Families

**Dr. Angelique Jenney**, MSW, PhD, RSW, Associate Professor, Wood's Homes Research Chair in Children's Mental Health, Faculty of Social Work, University of Calgary, Alberta, Canada

**Dr. Carol Anne Hapchyn,** MD, FRCPC, Psychiatrist, ElmTree Clinic, Edmonton, AB, Canada

**Dr. Mark Tomlinson**, Senior lecturer in Sociology, Department of Sociological Studies, The University of Sheffield, UK

#### **Session 10 - Supporting Young Children Exposed to Trauma and Loss**

**Dr. Joy Osofsky**, PhD, Professor of Psychiatry and Pediatrics, Louisiana State University Health Sciences Center, New Orleans, LA, USA

## Session 11 - The Relational Foundations of Reflective Practice and Reflective Parenting

**Dr. Arietta Slade**, PhD, Professor of Clinical Child Psychology, Yale Child Study Center, USA

## Session 12 - Speaking the Unspeakable: Child-Parent Psychotherapy to Repair Trauma and Promote Secure Attachment

**Dr. Alicia Lieberman**, PhD, Professor, Psychiatry, UCSF Weill Institute for Neurosciences, School of Medicine, University of California, San Francisco, CA, USA

#### Session 13 - Reflective Family Play A Whole-Family Treatment Model for Infants and Younger Children

**Dr. Diane Philipp**, MD, FRCP(C), Staff Psychiatrist and Assistant Professor (clinical), SickKids Centre for Community Mental Health and The University of Toronto, ON, Canada

#### Session 14 - Global Perspectives on Infant Mental Health

**Dr. Nandita Chaudhary,** PhD, Retired Professor, University of Delhi, India

**Dr. Anusha Lachman**, MBCHB, FCPSYCH, MMED, MPHIL, Cert Child Psych, Child & Adolescent Psychiatrist, Head Of Clinical Unit, Tygerberg Hospital Child Psychiatry, Stellenbosch University, Cape Town, South Africa

# Session 15 - Wrap Up: How Our Collective Understanding of Infant Mental Health Can Lead to changes in Practice, Research, and Policies

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